

Nipissing Manor Activity Calendar – July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 HAPPY CANADA DAY	1. Coffee Time in the Park 10:00 Canada Day Themed BINGO in the Park 10:15 Canada Day Party in the park 2:15 Afternoon Tea in the Park 3:00 ***HAPPY CANADA DAY***	2. Coffee Time - MDR 10:00 Bilingual Liturgy with Tim Foster-MDR 10:15 Exercise Class - AR 2:15 Afternoon Tea - AR 3:00	3. Coffee Time - AR 10:00 Arts & Crafts: Bubble Hydrangea Painting- AR 10:15 Music with Heather—MDR 2:15 Afternoon Tea-MDR 3:00	4. Coffee Time in the Park 10:00 Walking Group in the Park 10:15 Mini Golf in the Park 2:15 Afternoon Tea in the Park 3:00	5. Coffee Time –AR 10:00 Trivia-AR 10:15 Salvation Army Service –MDR 2:15 Afternoon Tea-MDR 3:00	6. Coffee Time-AR 10:00 Word Games-AR 10:15 Bingo - MDR 2:15 Afternoon Tea– MDR 3:00
7. Coffee Time– AR 10:00 Shuffleboard-AR 10:15 Sing-a-long -AR 2:15 Afternoon Tea - AR 3:00	8. Coffee Time - MDR 10:00 Bingo - MDR 10:15 Manicures in the Park 2:15 Afternoon Tea in the Park 3:00	9. Coffee Time - MDR 10:00 Bilingual Liturgy with Tim Foster-MDR 10:15 July Birthday Party & Music with Keith D. Morgan in the Park 2:15 Afternoon Tea in the Park 3:00 Gospel Hall –MDR 6:45	10. Coffee Time - AR 10:00 Arts & Crafts: Rainbow Fish AR 10:15 Parachute Games in the Park 2:15 Afternoon Tea in the Park 3:00	11. Coffee Time-AR 10:00 Exercise Class-AR 10:15 Horseshoes-AR 2:15 Afternoon Tea-AR 3:00	12. Coffee Time-MDR 10:00 Zumba with Shelley –MDR 10:15 Friday Afternoon Social & Music with Hans in the Park 2:15	13. Coffee Time-MDR 10:00 Bingo- MDR 10:15 Beach Ball Toss in the Park 2:15 Afternoon Tea in the Park 3:00
14. Coffee Time - AR 10:00 PLINKO-AR 10:15 Movie Matinée - AR 2:15 Afternoon Tea-AR 3:00	15. Coffee Time –MDR 10:00 Bingo - MDR 10:15 Bowling-MDR 2:15 Afternoon Tea-MDR 3:00	16. Coffee Time in the Park 10:00 Exercise Class in the Park 10:15 Bean Bag Toss in the Park 2:15 Residents’ Council Meeting - AR 2:30 Afternoon Tea in the Park 3:00	17. Coffee Time-AR 10:00 Arts & Crafts: Jellyfish Craft–AR 10:15 Resident Summer Luncheon & Music with Elvis in the Park 12:00-3:00	18. Coffee Time in the Park 10:00 Walking Group in the Park 10:15 Manicures in the Park 2:15 Afternoon Tea in the Park 3:00	19. Coffee Time-AR 10:00 Word Games-AR 10:15 Bowling & Pub in the Park 2:15	20. Coffee Time-MDR 10:00 Bingo - MDR 10:15 Country Music in the Park 2:15 Afternoon Tea in the Park 3:00
21. Coffee Time-AR 10:00 Exercise class -AR 10:15 Trivia -AR 2:15 Afternoon Tea-AR 3:00	22. Coffee Time-MDR 10:00 Bingo - MDR 10:15 Hanging Umbrella Game-AR 2:15 Afternoon Tea-AR 3:00	23. Coffee Time– AR 10:00 Memory Game-AR 10:15 Hockey -MDR 2:15 Afternoon Tea-MDR 3:00	24. Coffee Time-AR 10:00 Arts & Crafts: Summer Signs - AR 10:15 Water balloon toss in the Park 2:15 Afternoon Tea in the Park 3:00	25. Coffee Time-AR 10:00 Exercise Class-AR 10:15 Music with Rick-MDR 2:15 Afternoon Tea-MDR 3:00	26. Coffee Time–AR 10:00 Trivia -AR 10:15 Outdoor Games & Pub in the Park 2:15	27. Coffee Time-MDR 10:00 Bingo - MDR 10:15 Charades - AR 2:15 Afternoon Tea - AR 3:00
28. Coffee Time-AR 10:00 Hymn Sing -AR 10:15 Paper Plate Fishing-AR 2:15 Afternoon Tea-AR 3:00	29. Coffee Time– MDR 10:00 Bingo - MDR 10:15 Volleyball-MDR 2:15 Afternoon Tea-MDR 3:00	30. Coffee Time-MDR 10:00 Bilingual Liturgy with Tim Foster-MDR 10:15 Exercise Class in the Park 2:15 Afternoon Tea in the Park 3:00	31. Coffee Time –AR 10:00 Arts & Crafts: Pom Pom Hedgehog Craft -AR 10:15 Music with Norm in the Park 2:15 Afternoon Tea in the Park 3:00	Room Abbreviations AR = Activity Room MDR = Main Dining Room QR = Quiet Room 2E = 2nd floor East Lounge RHDR=Retirement Dining Room		Therapeutic Park will be open from 10:15- 11:00 & 2:15-3:00 daily. Weather Permitting. Sun hats & sunscreen are required in the Therapeutic Park.